

NFL



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[C Eric Heitmann Undergoes Neck Surgery](#)

Found July 01, 2011 on 49ers Gab:

PLAYERS: [Eric Heitmann](#), [David Baas](#), [Chris Spencer](#)

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AROUND THE WEB



Matt Maiocco of CSN Bay Area reports that 49ers center Eric Heitmann is expected to miss the 2011 season after undergoing neck surgery recently. The procedure, which was performed four weeks ago by Dr. Robert Watkins, repaired a ruptured disc and takes approximately six months to recover from. A seventh-round pick out of Stanford in 2002, Heitmann started 114 of 119 games between his rookie season and 2009 before a training camp “stinger” and broken fibula kept him on the shelf in 2010, with the 49ers placing the four-time captain on injured on November 2. Heitmann, 31, is entering the final year of his contract. With Heitmann out of the picture, the 49ers will likely to re-sign veteran David Baas, who has started 32 games for the club over the past two seasons, including all 16 at center in 2010. Baas turns 30 in September, and will an unrestricted free agent when the 2011 league year opens up. Another option in free agency may be Chris Spencer, a former first-round pic...

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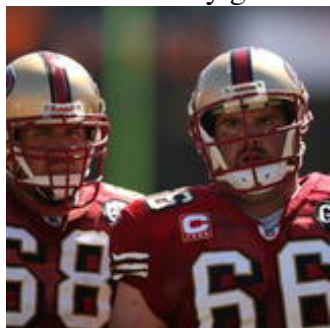


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[49ers C Heitmann to miss second straight season](#)

San Francisco 49ers center Eric Heitmann is expected to miss his second consecutive season after undergoing neck surgery. Heitmann had the procedure done four weeks ago by Dr. Robert Watkins, an orthopedic spine surgeon in Marina del Rey, Calif. A mainstay on the 49ers' offensive line since being drafted in 2002, Heitmann had started every game over the three previous seasons...



[Center Heitmann to miss another season;49ers](#)

Via Fox Sports | June 30, 2011

Center Eric Heitmann, who until he missed last season was one of the 49ers' iron men, probably will miss this season after having neck surgery, according to a report posted Wednesday. Heitmann's agent, Kenny Zuckerman, told CSNBayArea.com that a ruptured disk in Heitmann's neck was repaired about four weeks ago and would require about six months of rehabilitation. Heitmann...



[Eric Heitmann likely to miss 2011 season](#)

Via Helmet2Helmet  | June 29, 2011

It's looking like the Niners' offensive line will be without its mainstay for the second year in a row. According to CSNBayArea.com, 49ers center Eric Heitmann is expected to miss the upcoming season after recently undergoing neck surgery. The procedure was done to repair a ruptured disk, and was handled by Dr. Robert Watkins four weeks ago. The recovery time is scheduled...



[49ers Center Heitmann Will Likely Miss 2011 Season](#)

Via Pro Football Zone  | June 29, 2011

San Francisco 49ers center Eric Heitmann will likely miss the entire upcoming NFL season due to neck surgery.

This would be the second season in a row that he has not been able to play. The surgery occurred four weeks ago to repair a ruptured disk in his neck. According to Heitmann's agent Kenny Zuckerman, he is [...]

[San Francisco 49ers: Eric Heitmann Likely Out in 2011, Can the Niners Survive?](#)

Via 49ers Paradise | June 29, 2011
Wed, 29 Jun 2011 15:30:11 CDT

[49ers' Staley: Heitmann neck trouble came from 'Nutcracker'](#)

Via San Francisco 49ers ? San Jose Mercury News | June 30, 2011
Eric Heitmann's season-ending neck surgery stems from Mike Singletary's controversial "Nutcracker" drill, according to one player.



[Heitmann injured neck in 'Nutcracker' drill, 49ers teammate says](#)

Via NFL.com | June 30, 2011
Eric Heitmann might miss a second consecutive season because of another serious injury, and Joe Staley believes he knows how this one happened.

[Singletary's "Nutcracker" Drill Draws Criticism](#)

Via Vikings Gab | July 02, 2011
Mike Singletary's run as head coach of the San Francisco 49ers was marred by all-too-infrequent triumphs and some of the most ridiculous moments in sports history. Singletary, the new linebackers coach for the Vikings, is still drawing criticism from his time in San Francisco thanks to his use of the "nutcracker" drill in 2009 and 2010 practices. The drill pits two guys lined...
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