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5 spine practices to know

Ariana Portalatin - Friday, May 20th, 2022

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Here are five spine practices to know:

- Austin (Texas) Integrative Spine.** Austin Integrative Spine is led by Marcella Madera, MD, the only surgeon in central Texas trained on Joimax's minimally invasive technologies and one of few in the country to offer biologic treatments using a patient's own cells for healing.
- Kenai Spine (Soldotna, Alaska).** Kenai Spine is the only spine practice in Alaska to be credentialed by spinecenternetwork.com, a national listing of credentialed spine centers. The practice was founded in 2011 by Craig Humphreys, MD, who has performed more than 5,000 spinal surgeries in his 25-year career.
- Spine Institute of Arizona (Scottsdale).** The Spine Institute of Arizona includes four orthopedic and spine surgeons and has six locations throughout the state. The practice was founded by Edward Dohring, MD, who was recently elected as the 38th president of the North American Spine Society.
- Total Spine & Brain Institute (Brandon, Fla.).** Total Spine & Brain Institute is led by Tien Le, MD, a dual fellowship-trained neurosurgeon who was the first surgeon in Tampa and Hillsborough county to perform robotic-assisted spine surgery using the Mazor X platform.
- Watkins Spine (Marina del Rey, Calif.).** Watkins Spine is led by Robert Watkins III, MD, and Robert Watkins IV, MD, two nationally renowned board-certified orthopedic surgeons. The practice is a popular destination for professional athletes and is home of the Back Doctor app, which features guided workouts aimed at relieving low back and neck pain.

To nominate a spine practice for future lists, please contact Ariana Portalatin at aportalatin@beckershealthcare.com.

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