

Dr. Robert Watkins Celebrated for Dedication to the Field of Medicine

Dr. Watkins specializes in spine surgery with Cedars-Sinai Marina Del Rey Hospital

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MARINA DEL REY, CA, March 01, 2022 **/24-7PressRelease/** -- Dr. Robert Watkins has been included in Marquis Who's Who. As in all Marquis Who's Who biographical volumes, individuals profiled are selected on the basis of current reference value. Factors such as position, noteworthy accomplishments, visibility, and prominence in a field are all taken into account during the selection process.

Dr. Watkins has also thrived as the host of the "Dr. Robert Watkins Back Doctor Podcast" since 2018.

With more than 15 years of experience in orthopedic spine surgery to his credit, Dr. Watkins has excelled as the vice president of, and an orthopedic spine surgeon with, Watkins Spine since 2002. Furthermore, he has flourished at the Cedars-Sinai Marina Del Rey Hospital as a member of the medical executive staff since 2014 and the chief of staff and the co-chairman of the credentialing committee since 2020. Dr. Watkins has, additionally, been active on the medical staff for such regional athletic organizations as the Los Angeles Dodgers since 2009, the Los Angeles Kings since 2013 and the Los Angeles Rams since 2017.

Noted as an expert in minimally invasive back-and-neck surgery, Dr. Watkins has served on the advisory board for Osseous Surgicals since 2018. He previously worked on the advisory boards for RIT Surgical from 2015 to 2017 and AESCULAP Surgical Instruments between 2016 and 2017. Initially appointed to the attending staff for the Los Angeles Spine Surgery Institute at Saint Vincent's Medical Center as a part of a spine surgery fellowship from 2004 until 2007, Dr. Watkins formally began his career as a medical adviser for the Life Rolls On Foundation from 2008 to 2011.

Before embarking on his professional path, Dr. Watkins pursued an education at Vanderbilt University, earning a Bachelor of Arts in philosophy in 1994. He concluded his studies at the University of Southern California School of Medicine in 1998, graduating with a Doctor of Medicine. Following these accomplishments, he completed a residency in the department of orthopaedic surgery in Keck Medicine of the University of Southern California from 1998 to 2003, a fellowship in the Centre for Spinal Studies and Surgery at the Queen's Medical Centre from 2003 to 2004 and a European and United States traveling fellowship in 2004. Dr. Watkins subsequently obtained his certification from the American Board of Orthopedic Surgery in 2007.

Dr. Watkins has participated in numerous endeavors beyond his primary responsibilities in the field. Recruited as a teacher, visiting physical therapist and lecturer within his professional circles, he has greatly contributed as an elected representative of the Mar Vista Community Council. Moreover, Dr. Watkins has refined his wealth of knowledge through his involvement with the North American Spine Society, the American Academy of Orthopedic Surgeons and the California Orthopedic Association.

Dr. Watkins found success with his written works as well, having authored "Return to Play After Anterior Cervical Discectomy and Fusion in Professional Athletes" for the Orthopaedic Journal of Sports Medicine in addition to articles for various additional medical publications. Alongside his father, he is also esteemed as the co-creator of the Back Doctor app, which was released in 2017 and features a comprehensive rehabilitation program to help people with post-operative care or avoid surgery altogether. Dr. Watkins has likewise thrived as the host of the "Dr. Robert Watkins Back Doctor Podcast" since 2018.

In light of his exceptional undertakings, Dr. Watkins has accrued several accolades throughout his impressive career. Throughout the course of his academic efforts, he was honored by the University of Southern California with an Exceptional Service Recognition, an Outstanding Student Recognition and the George S. Herron Memorial Award in 1998. Dr. Watkins was additionally recognized for the Outstanding Junior and Senior Resident Research Projects during his orthopedic residencies between 2002 and 2003.

Proud to have taught hundreds of new techniques for minimally invasive surgery to colleagues, Dr. Watkins has attributed his success to his propensity for hard work, as well as his dedication in helping others and going above and beyond. Likewise, his triumphs have been fueled by his enthusiasm for new advances in technology, which have allowed him to treat people from around the world. Inspired by his father, as well as by the unique nature of his work, he was initially drawn to his profession by the opportunities to learn new skills, overcome challenges and receive a different sense of fulfillment from his ability to help those in need. He is also incredibly committed to his wonderful family, including his loving wife, Michelle, and his amazing children, Bobby and Tommy. Looking toward the future, Dr. Watkins hopes to continue operating at his current practice while striving to make orthopedic surgery more safe and less invasive.

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Since 1899, when A. N. Marquis printed the First Edition of Who's Who in America®, Marquis Who's Who® has chronicled the lives of the most accomplished individuals and innovators from every significant field of endeavor, including politics, business, medicine, law, education, art, religion and entertainment. Today, Who's Who in America® remains an essential biographical source for thousands of researchers, journalists, librarians and executive search firms around the world. Marquis® now publishes many Who's Who titles, including Who's Who in America®, Who's Who in the World®, Who's Who in American Law®, Who's Who in Medicine and Healthcare®, Who's Who in Science and Engineering®, and Who's Who in Asia®. Marquis® publications may be visited at the official Marquis Who's Who® website at www.marquiswhoswho.com.

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